

# California Family Resource Center Data Project

## Findings (November 2019)

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### Background

Over the past several decades, family resource centers (FRC) in California have grown and developed tremendously, leading to a widespread interest in the evolving field. A recent review of the FRC landscape conducted by the Early Learning Lab and Laurel Kloomok identified four key areas of opportunity to strengthen the FRC system: funding and sustainability, advocacy and communication, professional development, and data and evaluation. Recognizing that there is a need for data to align communication efforts around FRCs, Harder+Company Community Research, with funding from the David and Lucile Packard Foundation, is conducting a comprehensive review and synthesis of available data on FRCs to support the field's learning and understanding. The goal of this project is to be able to use the data to highlight the impact of FRCs to further support advocacy efforts.

As part of this project, we conducted an online state-wide survey aimed at FRC executive directors (or others with substantial knowledge of the FRCs data) about their FRC's characteristics and services. We received 161 responses, representing 213 FRCs from 48 California counties.

### Evaluation Questions

Through the survey, we sought to answer the following evaluation questions:

1. How many FRCs are there in California? Where are they located?
2. What are the organizational characteristics of these FRCs?
3. Who are the families and children being served in FRCs? What are their characteristics (e.g., demographics, income level, children's age, etc.)?
4. What is the range of services offered in FRCs?
5. What are the FRCs' stated goals or mission?
6. What are the needs of the FRCs and the communities they serve?
7. How is program quality defined? What are the main outcomes FRCs aim to achieve?
8. What staff resources are allocated to evaluation?

### Survey Analysis

This section outlines the approach to analyzing the FRC survey, using both descriptive quantitative and qualitative methods.

#### Data Sources

We collected 161 survey responses from 6/19/19 to 8/16/19. Additionally, First 5 Santa Clara provided data on 27 FRCs in that county, outside of the survey, which we merged with the survey data.

#### Data Population

Overall, the data from survey responses and supplementary submissions represented 213 FRCs from 48 California counties (also see table for question 2 below for a detailed breakdown of responses by county).

#### Duplicate Responses

In some instances, duplicate responses were submitted *for the same FRC or FRC network* (as determined based on FRC name, survey respondent name, and survey respondent title). Duplicate responses differed in

the number of survey items answered, or had conflicting answers for the same survey item. In those instances, we compared the responses on an item-by-item basis and merged them into one response (i.e. reduced the number of items left blank in a given response). In the case of conflicting responses for the same item, priority was given to the survey response provided by the executive director or CEO. If this last condition was not met, priority was given to the response with the higher completion rate (see below).

### Missing data and survey completion

All survey responses were screened to determine level of completion. All responses with a completion of 50% or higher were included in the analysis. For scales consisting of averages, scores were computed if at least half of items had responses.

### Calculating sample sizes

The survey instructed the submission of *one response per FRC*. However, some respondents indicated that the data submitted was for *multiple FRCs*. In this case, total FRC sample size ( $n_{FRC=X}$ ) was adjusted accordingly, as were the sample sizes for each individual survey item.

The total FRC sample size ( $n_{FRC}$ ) was used for quantitative survey items in order to calculate a range and median response. For qualitative survey items, the total number of respondents ( $n$ ) was used to analyze responses. (Also see below.)

### Analysis by survey item type

Responses to *multiple choice* survey items (e.g., In what county is your FRC located?) were reported as frequencies and proportions, based on the total FRC sample size ( $n_{FRC}$ ).

Responses to *continuous quantitative* survey items (e.g., What was your FRC's total operating budget in 2018?) were reported as a range and median, based on the FRC sample size ( $n_{FRC}$ ).

*Qualitative free-response* survey items underwent textual analysis, and any reported frequencies or proportions were on the total number of respondents ( $n$ ). Textual analysis proceeded as follows:

1. First, we analyzed the text of all responses in aggregate to identify the most frequently occurring one, two or three-word phrases.
2. Based on this analysis, we developed *response categories* utilizing semantically meaningful phrases (e.g. "trauma", "trauma informed", and "trauma informed services" are all semantically meaningful).
3. We then quantified the number of respondents' that fell within each response category.
4. For this qualitative analysis, proportion of responses were based on the number of respondents ( $n$ ), and not the total FRC sample size ( $n_{FRC}$ ).

## SURVEY RESULTS

### Organizational Characteristics

#### 1. What is your role/job title?

|                                                 | n=161 |
|-------------------------------------------------|-------|
| Program Director/Manager/Coordinator/Supervisor | 37%   |
| Executive Director/CEO                          | 37%   |
| Founder                                         | 20%   |
| Administrator                                   | 2%    |
| Other <sup>1</sup>                              | 4%    |

#### 2. In what county is your FRC located?

| County       | Responses | FRCs Represented |
|--------------|-----------|------------------|
| Alameda      | 15        | 17               |
| Alpine       | 1         | 1                |
| Amador       | 1         | 1                |
| Butte        | -         | -                |
| Calaveras    | -         | -                |
| Colusa       | 3         | 6                |
| Contra Costa | 5         | 5                |
| Del Norte    | 1         | 1                |
| El Dorado    | 2         | 2                |
| Fresno       | 3         | 3                |
| Glenn        | -         | -                |
| Humboldt     | 6         | 6                |
| Imperial     | -         | -                |
| Inyo         | 1         | 1                |
| Kern         | 4         | 4                |
| Kings        | 2         | 2                |
| Lake         | 1         | 1                |
| Lassen       | 3         | 3                |
| Los Angeles  | 5         | 5                |
| Madera       | 1         | 1                |
| Marin        | -         | -                |
| Mariposa     | -         | -                |
| Mendocino    | 4         | 4                |
| Merced       | 1         | 1                |
| Modoc        | 1         | 1                |
| Mono         | -         | -                |

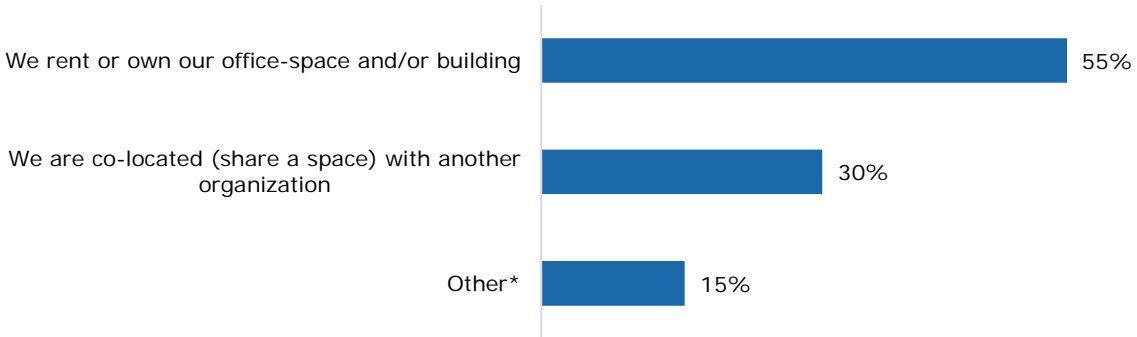
<sup>1</sup> Other options include: Associate Director, Case Manager Assistant, Grant Coordinator, and Office Assistant.

| County          | Responses  | FRCs Represented |
|-----------------|------------|------------------|
| Monterey        | 2          | 2                |
| Napa            | 3          | 3                |
| Nevada          | 1          | 1                |
| Orange          | 5          | 5                |
| Placer          | 3          | 3                |
| Plumas          | 1          | 1                |
| Riverside       | 2          | 2                |
| Sacramento      | 3          | 5                |
| San Benito      | -          | -                |
| San Bernardino  | 3          | 3                |
| San Diego       | 8          | 12               |
| San Francisco   | 7          | 9                |
| San Joaquin     | 2          | 2                |
| San Luis Obispo | 2          | 2                |
| San Mateo       | 2          | 2                |
| Santa Barbara   | 5          | 28               |
| Santa Clara     | 27         | 27               |
| Santa Cruz      | 3          | 3                |
| Shasta          | -          | -                |
| Sierra          | 1          | 1                |
| Siskiyou        | 3          | 7                |
| Solano          | 3          | 3                |
| Sonoma          | 3          | 3                |
| Stanislaus      | 3          | 3                |
| Sutter          | 1          | 1                |
| Tehama          | -          | -                |
| Trinity         | 1          | 1                |
| Tulare          | 2          | 2                |
| Tuolumne        | 1          | 1                |
| Ventura         | 1          | 13               |
| Yolo            | 2          | 2                |
| Yuba            | 1          | 1                |
| <b>Total</b>    | <b>161</b> | <b>213</b>       |

**3. In what year was your FRC established?**

|       | Mean | Median | Min  | Max  |
|-------|------|--------|------|------|
| n=181 | 1995 | 2000   | 1899 | 2019 |

**4. Where is your FRC housed? (n=186)<sup>2</sup>**



**5. If your FRC is co-located with another organization, what type of organization is it?<sup>3</sup>**

|                    | n=55 |
|--------------------|------|
| School             | 73%  |
| Health Center      | 7%   |
| Community Center   | 2%   |
| Library            | 0%   |
| Other <sup>4</sup> | 24%  |

**6. Does your FRC operate in multiple sites/locations?**

|     | n=213 |
|-----|-------|
| No  | 64%   |
| Yes | 36%   |

**7. Please indicate the number of sites/locations your FRC operates in:**

|      | Mean | Median | Min | Max |
|------|------|--------|-----|-----|
| n=76 | 3    | 2      | 1   | 18  |

**8. Does your FRC have a “backbone agency” that supports your work?**

|     | n=185 |
|-----|-------|
| Yes | 67%   |
| No  | 33%   |

<sup>2</sup> \*Other options include multiple structures with different types of housing, or virtual.

<sup>3</sup> Respondents could mark all the options that applied.

<sup>4</sup> Other options include Regional Center, Additional County Office programs, Law Enforcement, Domestic Violence and Child Abuse Prevention and Hunger Relief, City Government, Early Head Start and Head Start, nonprofits and County service agencies, WIC, and Mental Health-Western Youth Services.

**9. What is the name of your backbone agency?<sup>5</sup>**

|                                                   | n=122 |
|---------------------------------------------------|-------|
| Network or partnership                            | 26%   |
| Nonprofit entity                                  | 26%   |
| First 5                                           | 20%   |
| School District, Community College or University  | 9%    |
| City Department (Police, Human Services, Housing) | 4%    |
| Office of Education                               | 3%    |
| Other                                             | 11%   |

**10. Can you briefly describe how your backbone agency supports your FRC's efforts?<sup>6</sup>**

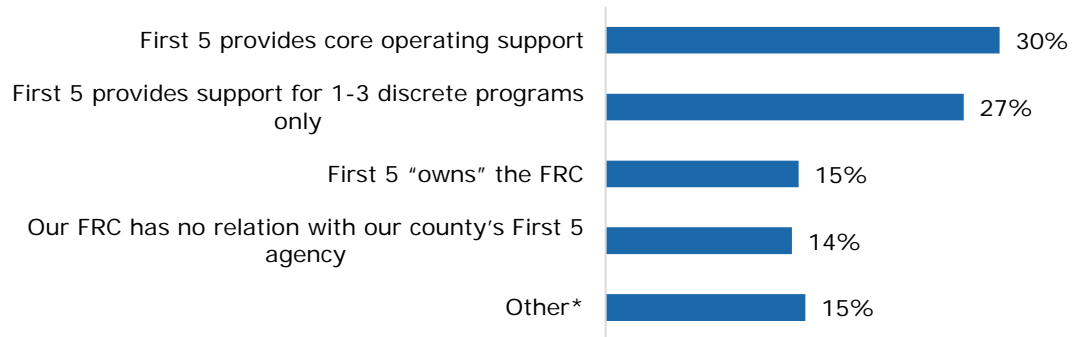
|                                                                                      | n=124 |
|--------------------------------------------------------------------------------------|-------|
| Supporting and advising on program improvement                                       | 83%   |
| Defining strategy and expected community-wide outcomes                               | 82%   |
| Facilitating and approving formal agreements for operation of the FRC                | 80%   |
| Increasing efficiency and collaboration among partners                               | 78%   |
| Advocating and informing on relevant local, state and federal policy                 | 77%   |
| Ensuring that the input by those being served by the FRC is guiding its direction    | 76%   |
| Supporting coordinated and consistent processes, policies, and management of the FRC | 73%   |
| Facilitating resource procurement and allocation                                     | 70%   |
| Monitoring performance on key metrics                                                | 68%   |
| Reducing duplication of services/efforts and identify gaps                           | 68%   |
| Other <sup>7</sup>                                                                   | 36%   |

<sup>5</sup> The answers for this question were classified into categories to allow for an easier analysis.

<sup>6</sup> Respondents could mark all the options that applied.

<sup>7</sup> Other options include funding, human resources, trainings, logistics, and administrative support.

**11. What is your relationship to your county's First 5 agency? (n=186)<sup>8</sup>**



**12. How many paid professional and support staff does your FRC employ?**

|                                                                     | Mean | Median | Min | Max |
|---------------------------------------------------------------------|------|--------|-----|-----|
| Full time paid FRC employees (30 hours or more per week) (n=183)    | 11   | 5      | 0   | 80  |
| Part time paid FRC employees (fewer than 30 hours per week) (n=127) | 4    | 3      | 0   | 25  |

**13. How many volunteers worked with your FRC in the last year?**

|              | n=207 |
|--------------|-------|
| None         | 12%   |
| 1-5          | 23%   |
| 6-10         | 15%   |
| 11-15        | 8%    |
| 16-20        | 5%    |
| More than 20 | 37%   |

**14. What was your FRC's total operating budget in 2018?**

|       | Mean        | Median    | Min | Max          |
|-------|-------------|-----------|-----|--------------|
| n=179 | \$1,105,103 | \$479,343 | \$0 | \$16,000,000 |

**15. What were your FRC's top three funding sources in 2018?**

**Funding source #1**

|         | n=181 |
|---------|-------|
| First 5 | 39%   |
| County  | 11%   |
| DHHS    | 8%    |
| MHSA    | 5%    |
| City    | 4%    |
| Federal | 4%    |

<sup>8</sup> \*Other options include partner agency, funder, trainings and program support, contract manager, program framework, and past funder.

|                                  |    |
|----------------------------------|----|
| School District/Charter school   | 4% |
| CDE                              | 3% |
| DDS                              | 3% |
| Foundation Grants                | 3% |
| Individual or private donors     | 2% |
| LCFF/LCAP                        | 2% |
| Office of Child Abuse Prevention | 1% |
| Grants                           | 1% |
| State                            | 1% |
| MAA/TCM/Medi-Cal                 | 1% |
| Other                            | 9% |

**Funding source #2**

|                                  |       |
|----------------------------------|-------|
|                                  | n=149 |
| First 5                          | 19%   |
| County                           | 15%   |
| School District/Charter schools  | 15%   |
| State                            | 8%    |
| Fundraising/Donations            | 7%    |
| Foundation Grants                | 6%    |
| MAA/TCM/Medi-Cal                 | 5%    |
| Federal                          | 2%    |
| Office of Child Abuse Prevention | 2%    |
| MHSA                             | 2%    |
| DSS                              | 1%    |
| DDS                              | 1%    |
| Grants                           | 1%    |
| DPH                              | 1%    |
| Health Care provider/Hospital    | 1%    |
| CDE                              | 1%    |
| City                             | 1%    |
| Other                            | 10%   |

**Funding source #3**

|                                |       |
|--------------------------------|-------|
|                                | n=118 |
| School District/Charter School | 14%   |
| County                         | 11%   |
| City                           | 10%   |
| Foundation Grants              | 8%    |
| First 5                        | 8%    |
| Individual or private donors   | 7%    |
| Health care provider/Hospital  | 5%    |
| Fundraising/Donations          | 3%    |
| Grants                         | 3%    |



|                  |     |
|------------------|-----|
| State            | 3%  |
| Federal          | 2%  |
| DDS              | 2%  |
| CDE              | 2%  |
| LCFF/LCAP        | 2%  |
| MAA/TCM/Medi-Cal | 2%  |
| DSS              | 2%  |
| Other            | 18% |

### Characteristics of Families Served

**16. On average, how many parents/caregivers does your FRC serve annually?**

|       | Mean  | Median | Min | Max    |
|-------|-------|--------|-----|--------|
| n=193 | 2,304 | 1,000  | 25  | 10,000 |

**17. On average how many children does your FRC serve annually?**

|       | Mean  | Median | Min | Max    |
|-------|-------|--------|-----|--------|
| n=187 | 2,185 | 873    | 0   | 14,470 |

**18. Of the children your FRC serves annually, how many are children ages 0-5?**

|       | Mean  | Median | Min | Max   |
|-------|-------|--------|-----|-------|
| n=186 | 1,184 | 450    | 0   | 6,000 |

**19. Please describe the race/ethnicity of the clients your FRC serves by estimating the percentage of individuals who identify as:**

|                                          | Mean | Median | Min | Max  |
|------------------------------------------|------|--------|-----|------|
| Latino/a, Hispanic (n=199)               | 50%  | 53%    | 0%  | 100% |
| White/Caucasian (n=199)                  | 26%  | 17%    | 0%  | 100% |
| Asian (n=199)                            | 7%   | 1%     | 0%  | 100% |
| Black/African American (n=199)           | 6%   | 2%     | 0%  | 75%  |
| American Indian or Alaska Native (n=199) | 2%   | 0%     | 0%  | 95%  |
| Pacific Islander (n=199)                 | 1%   | 0%     | 0%  | 16%  |
| Arab/Middle Eastern (n=186)              | 1%   | 0%     | 0%  | 30%  |
| Other (n=199) <sup>9</sup>               | 2%   | 0%     | 0%  | 37%  |
| Unknown (n=199)                          | 5%   | 0%     | 0%  | 100% |

**20. Please describe the age ranges that best describes the participants your FRC serves by estimating the percentage of individuals who are:**

|                                                 | Mean | Median | Min | Max  |
|-------------------------------------------------|------|--------|-----|------|
| Children (ages 0-5) (n=199)                     | 34%  | 33%    | 0%  | 100% |
| Adolescents, Children/Youth (ages 6-17) (n=199) | 16%  | 10%    | 0%  | 90%  |

<sup>9</sup> Other options include multiracial, mixed race and unwilling to disclose.

|                                                                                                                       |     |     |    |      |
|-----------------------------------------------------------------------------------------------------------------------|-----|-----|----|------|
| Adult and Older Adult (ages 18+) (n=199)                                                                              | 41% | 45% | 0% | 100% |
| Transition Age Youth (n=199)<br>(services targeted specifically towards those in the TAY age ranges of 16 through 25) | 2%  | 0%  | 0% | 43%  |
| Older Adult specific services (ages 60+) (n=199)                                                                      | 4%  | 1%  | 0% | 55%  |
| Unknown (n=199)                                                                                                       | 3%  | 0%  | 0% | 100% |

**21. Please describe the income-level that best describe the clients your FRC serves by estimating the percentage of households whose annual income is:**

|                               | Mean | Median | Min | Max  |
|-------------------------------|------|--------|-----|------|
| \$0 - \$14,999 (n=186)        | 22%  | 10%    | 0%  | 100% |
| \$15,000 - \$24,999 (n=186)   | 25%  | 20%    | 0%  | 95%  |
| \$25,000 - \$34,999 (n=186)   | 20%  | 12%    | 0%  | 100% |
| \$35,000 - \$49,999 (n=186)   | 11%  | 5%     | 0%  | 95%  |
| \$50,00 - \$74,999 (n=186)    | 3%   | 0%     | 0%  | 25%  |
| \$75,000 - \$99,999 (n=186)   | 2%   | 0%     | 0%  | 30%  |
| \$100,000 - \$149,000 (n=186) | 1%   | 0%     | 0%  | 25%  |
| More than \$150,000 (n=186)   | 0%   | 0%     | 0%  | 5%   |
| Unknown (n=186)               | 17%  | 0%     | 0%  | 100% |

**22. Does your FRC serve any of the following special populations?<sup>10</sup>**

|                                                           | n=213 |
|-----------------------------------------------------------|-------|
| Immigrant/mixed-status families                           | 88%   |
| Former or current homeless families                       | 84%   |
| Individuals and/or families impacted by domestic violence | 84%   |
| Children and youth with special healthcare needs          | 71%   |
| Teen parents                                              | 71%   |
| LBGTO populations                                         | 65%   |
| Family, Friend, and Neighbor (FFN) child care providers   | 60%   |
| Refugee populations                                       | 45%   |
| Other unique characteristics or needs <sup>11</sup>       | 30%   |

<sup>10</sup> Respondents could mark all the options that applied.

<sup>11</sup> Other needs include low income, foster youth, senior, disabilities, trauma, veteran, and among others.

## Programs and Services

**23. Please select the top three well-being services that your FRC offers. By “top three” we are referring to the three well-being services that are used most often by your members.<sup>12</sup>**

|                                                                                             | n=213 |
|---------------------------------------------------------------------------------------------|-------|
| Case management and/or Family Navigation services.                                          | 65%   |
| Access to emergency and daily living resources (e.g. food, clothing, shelter)               | 57%   |
| Referrals to healthcare services or public benefit programs (e.g. SNAP, WIC, Medicaid/CHIP) | 56%   |
| Development screenings and referrals to developmental supports                              | 25%   |
| Safety resources (e.g. access to car seats, access to bike helmets)                         | 20%   |
| Home visiting                                                                               | 18%   |
| Counseling/Therapy                                                                          | 12%   |
| Differential response                                                                       | 8%    |
| Child Welfare visitation supervision                                                        | 3%    |
| Other information and referral services                                                     | 24%   |
| Other <sup>13</sup>                                                                         | 9%    |
| <u>We do not offer well-being services</u>                                                  | 1%    |

**24. Please select the top three growth and development services that your FRC offers. By “top three” we are referring to the three growth and development services that are used most often by your members.<sup>14</sup>**

|                                                                                    | n=213 |
|------------------------------------------------------------------------------------|-------|
| Parent education and leadership                                                    | 84%   |
| Parent/child interaction groups                                                    | 53%   |
| Playgroup programming for children ages 0-5                                        | 38%   |
| Healthy living classes (e.g. nutrition, exercise, anger management, stress relief) | 29%   |
| Parent Cafes                                                                       | 22%   |
| Youth development activities/classes                                               | 19%   |
| Family economic development                                                        | 15%   |
| Support groups (e.g. child kinship caregivers, new parent groups, 12-step groups)  | 12%   |
| Immigrant services workshops                                                       | 7%    |
| Tax preparation                                                                    | 6%    |
| Legal aid                                                                          | 3%    |
| Trainings and/or resources for unlicensed care providers (FFNs)                    | 2%    |
| Computer literacy                                                                  | 1%    |
| Trainings and/or resources for licensed child care providers                       | 1%    |
| Other <sup>15</sup>                                                                | 3%    |

<sup>12</sup> Respondents could mark a maximum of three options that applied.

<sup>13</sup> Other options include parenting classes, legal aid, primary care, childcare referral, community leadership, mental health wellness, assistance for public benefits, playgroups, services for children with disabilities, and the McKinney-Vento CARE Program.

<sup>14</sup> Respondents could mark a maximum of three options that applied.

<sup>15</sup> Other options include GED, court navigation, civic engagement, parents program, arts classes, Life Skills Progression (LSP), and Sexual Abuse prevention.

We do not offer growth and development services 1%

**25. Please select the top three civic engagement services that your FRC offers.<sup>16</sup>**

|                                                  | n=210 |
|--------------------------------------------------|-------|
| Community resource coordination                  | 80%   |
| Community celebrations                           | 46%   |
| Community volunteer opportunities                | 43%   |
| Neighborhood networks                            | 30%   |
| Promotores network                               | 25%   |
| Advocacy and advocacy training                   | 22%   |
| Voter registration                               | 11%   |
| Violence prevention workshops                    | 5%    |
| Other <sup>17</sup>                              | 3%    |
| <u>We do not offer civic engagement services</u> | 2%    |

**26. Please select the top three community building services that your FRC offers.<sup>18</sup>**

|                                                    | n=207 |
|----------------------------------------------------|-------|
| Collaboration and partnership facilitation         | 76%   |
| Neighborhood and community organizing              | 51%   |
| Affordable housing partnership and development     | 31%   |
| Social policy analysis                             | 22%   |
| Disaster recovery/preparedness                     | 21%   |
| Political and social action                        | 13%   |
| Community economic development                     | 10%   |
| Other <sup>19</sup>                                | 4%    |
| <u>We do not offer community building services</u> | 7%    |

**27. To what extent does your FRC collaborate with the following types of partner agencies?**

|                                         | Have partnered with in the last year | Have partnered with in the past, but not in the last year | Have never partnered with |
|-----------------------------------------|--------------------------------------|-----------------------------------------------------------|---------------------------|
| Public health (n=209)                   | 94%                                  | 4%                                                        | 1%                        |
| Mental Health (n=208)                   | 94%                                  | 5%                                                        | 1%                        |
| Social and human services (n=203)       | 94%                                  | 5%                                                        | 2%                        |
| Health (n=209)                          | 93%                                  | 5%                                                        | 2%                        |
| Child care/preschool/Head Start (n=204) | 93%                                  | 6%                                                        | 1%                        |
| Schools (n=205)                         | 92%                                  | 8%                                                        | 0%                        |

<sup>16</sup> Respondents could mark a maximum of three options that applied.

<sup>17</sup> Other options include census 2020, legislative education, and parent education.

<sup>18</sup> Respondents could mark a maximum of three options that applied.

<sup>19</sup> Other options include census participation advocacy, community advocacy, connect parents with community services, EDE Policy, Free Clothes, Diapers, awareness about local resources for families and advocacy training.

|                                                                                  | Have partnered with in the last year | Have partnered with in the past, but not in the last year | Have never partnered with |
|----------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------|---------------------------|
| Housing (affordable housing, homeless services, homeless shelters, etc.) (n=205) | 85%                                  | 10%                                                       | 5%                        |
| Immigrant support (n=204)                                                        | 80%                                  | 14%                                                       | 6%                        |
| Dental (n=209)                                                                   | 79%                                  | 14%                                                       | 7%                        |
| Legal services (n=202)                                                           | 73%                                  | 22%                                                       | 5%                        |
| Employment/job training (n=203)                                                  | 71%                                  | 23%                                                       | 6%                        |
| Community development (n=174)                                                    | 65%                                  | 23%                                                       | 12%                       |
| Law Enforcement (n=205)                                                          | 58%                                  | 32%                                                       | 10%                       |
| Economic development (n=199)                                                     | 41%                                  | 44%                                                       | 15%                       |
| Civic engagement (n=202)                                                         | 39%                                  | 49%                                                       | 12%                       |
| Other (n=21) <sup>20</sup>                                                       | 76%                                  | 24%                                                       | 0%                        |

**28. To what extent is your FRC using the following standards and/or frameworks to guide programming or services?**

| Framework guides...                                               | All of our programming/ services | Most of our programming/ services | Some of our programming/ services | We don't use this at all |
|-------------------------------------------------------------------|----------------------------------|-----------------------------------|-----------------------------------|--------------------------|
| Five Protective Factors (n=206)                                   | 63%                              | 25%                               | 9%                                | 3%                       |
| Strengthening Families Framework (n=208)                          | 61%                              | 20%                               | 16%                               | 3%                       |
| Principles of Family Support (n=195)                              | 48%                              | 21%                               | 14%                               | 16%                      |
| Standards of Quality for Family Strengthening and Support (n=201) | 47%                              | 21%                               | 21%                               | 10%                      |
| SAMHSA's Trauma Informed Approach (n=190)                         | 34%                              | 15%                               | 36%                               | 15%                      |
| Other (n=194) <sup>21</sup>                                       | 32%                              | 47%                               | 5%                                | 16%                      |

<sup>20</sup> Other options include churches youth service organizations, local government, libraries, and among others.

<sup>21</sup> Other options include ACEs, ASQs, 7 protective factors, spectrums of prevention, Bridges Out of Poverty, and Father and Friendly principles.

**29. Which of the following evidence-based or evidence-informed practices and/or approaches is your FRC using?<sup>22</sup>**

| n=173                                                          |     |
|----------------------------------------------------------------|-----|
| Triple P                                                       | 51% |
| Abriendo Puertas                                               | 34% |
| Community-identified practices                                 | 31% |
| Incredible Years                                               | 16% |
| SEEDS for Early Literacy, 24/7 Dad                             | 16% |
| Trauma Focused Cognitive Behavioral Therapy (TFCBT)            | 9%  |
| Nurturing Families                                             | 9%  |
| Nurturing Parenting                                            | 9%  |
| Cognitive Behavioral Intervention for Trauma in School (CBITS) | 6%  |
| Managing and Adapting Practice (MAP)                           | 4%  |
| Seeking Safety                                                 | 4%  |
| Child-Parent Psychotherapy (CPP)                               | 3%  |
| Interpersonal Psychotherapy for Depression (IPT)               | 2%  |
| Other <sup>23</sup>                                            | 57% |
| Evidence-based practices used by FRCs n=213                    |     |
| One evidence-based practice                                    | 23% |
| Two evidence-based practices                                   | 27% |
| Three evidence-based practices                                 | 29% |
| Four evidence-based practices                                  | 1%  |
| Five evidence-based practices                                  | 1%  |
| Six evidence-based practices                                   | 0%  |
| None                                                           | 19% |

**30. Does your FRC use any of the following tools for assessment and/or screening?<sup>24</sup>**

| n=184                                              |     |
|----------------------------------------------------|-----|
| ASQ (Ages and Stages Questionnaire)                | 80% |
| Family Development Matrix                          | 26% |
| ACES (Adverse Childhood Experiences Questionnaire) | 23% |
| The Family Assessment Form                         | 15% |
| FRIENDS Protective Factors Survey                  | 15% |
| AAPI (Adult Adolescent Parenting Inventory)        | 15% |
| Five Protective Factors Survey                     | 15% |
| North Carolina Family Assessment Scale             | 1%  |
| Other <sup>25</sup>                                | 13% |

<sup>22</sup> 40 FRCs did not endorse any of the practices in the list of responses, which might indicate that they do not use any practice. Respondents could mark all the options that applied.

<sup>23</sup> Other options include Mental Health First Aid, Parent Café, FIT, creative curriculum, ASQ, ACES, 1-2-3 Magic, Family Therapy, PBIS, Safe Care, Second Step, Parenting Wisely, PAT, and Financial Coaching, among others.

<sup>24</sup> 29 FRCs did not select any of the tools provided in the list of responses, which might indicate that they do not use any tool. Respondents could mark all the options that applied.

<sup>25</sup> Other options include Arizona Self-Sufficiency, AFACTR Americorps Protective Factors Survey, CSSP Protective Factors Survey, Burns Depression DASS, SDQ, PAFAS, DECA, DRDP, Developmental Assets, Edinburg, MCHAT, FMBS, First 5 Intake, PHQ-9, SEEK, PAT, Triple P, PEDS, SESBI-R and strengths and challenge assessment.

## Outcomes and Impact

### 31. What is the primary mission of your FRC? If your FRC has a mission statement, please include it below.

There were a total of 111 unique respondents to the question above.

FRCs' mission statements were typically brief and spoke generally of the FRC's goals of providing a wide range of services and support to children and their families, and often alluded to the overall goal of strengthening communities. When FRCs' mission statements mentioned specific services, they most often listed general resource navigation, parent education and school readiness.

Additionally, a handful of respondents noted a specific focus on **preventing child abuse or neglect** (n=7), **redressing poverty and social inequity** (n=7), or utilizing **advocacy** as a tool for improving the quality of life for children and families (n=6).

### 32. What are the top three key outcomes or goals that your FRC is working towards?

There were a total of 108 unique respondents to the question above (i.e. 324 key outcomes).

The vast majority of FRCs' reported top 3 key outcomes were non-specific; they did not mention a specific indicator or metric, but rather, a general area of interest.

Outcomes related to **parenting** (increased parental knowledge, engagement and skills) were most frequently represented among the top 3 key outcomes (n=50 or 15% of respondents). Other commonly-cited outcomes included those related to:

- **Health, well-being and child development** (n=37)
- **Access to resources and referrals** (n=27)
- **School readiness** (n=26)
- **Financial stability of parents/caregivers** (n=25)
- **Abuse and neglect** (n=17)
- **Mental health** (n=11)

### 33. Does your FRC have a staff person whose job responsibilities include organizational learning, monitoring, evaluation, and/or research?

|                                             | n=194 |
|---------------------------------------------|-------|
| Yes, currently                              | 62%   |
| Yes, in the past 5 years, but not currently | 4%    |
| No, not in the past 5 years                 | 34%   |

### 34. How many FTE staff do you have that support organizational learning, monitoring, evaluation and/or research?

|       | Mean | Median | Min | Max |
|-------|------|--------|-----|-----|
| n=116 | 2    | 1      | 0   | 20  |

## Closing and Wrap-Up

### 35. What are the most pressing current needs of your FRC?

There were a total of 114 unique respondents to the question above.

A majority of respondents indicated that **funding** was the most pressing need for their FRC (n=90, 79% of respondents), particularly a sustainable source of long-term funding. Additionally, a substantial proportion of respondents (n=32, 28% of respondents) indicated that **staffing** (having sufficient staff, recruitment, retention and staff development) were pressing issues. The issues of funding and staffing were tightly linked: 24 of the 35 (69%) respondents that mentioned staffing as a pressing issue, indicated that the staffing difficulties were related to funding.

### 36. What are the most pressing needs of the families your FRC serves?

There were a total of 120 respondents to the question above.

Over half (n=68, 57% of respondents) noted that **lack of affordable housing** was a pressing issues among the families their FRCs served. Other commonly-cited pressing needs included those related to:

- **Lack of affordable childcare for working parents and caregivers** (n=19)
- **Food insecurity** (n=18)
- **Immigration assistance for non-citizen parents and caregivers** (n=18)
- **Mental health needs** (n=18)
- **Need for parenting skills services** (n=14)

### 37. What do you think are the most pressing current needs of FRCs in California, generally?

There were a total of 113 respondents to the question above.

As with Q35, a great majority of respondents indicated that **funding** was the most pressing need for FRCs state-wide (n=84, 74% of the respondents). No other responses regarding the pressing needs of FRCs state-wide were mentioning to a substantial extent (>5% of respondents).



## Survey Participants

AACSA FRC  
Action Network  
Adelante FRC  
Antioch/Delta First 5 Center  
Arbuckle Family Action Center  
ATCAA Family Learning Center  
Avenal Family Resource Center  
BANANAS Inc.  
Bayside Community Center  
Ben Painter FRC  
Benicia Family Resource Center  
Big Valley Community Alliance  
Bishop Paiute Tribe Social Services Department  
Blue Lake Community Resource Center  
BVCHD The Mom & Dad Project  
Captain Jason Dahl FRC  
Care Parent Network  
Carpinteria children's project FRC  
Center for Family Strengthening  
Center for Human Services -Ceres Partnership/Oakdale/Newman/Patterson FRC  
Central Coast Link DBA: The Link Family Resource Center  
Central Family Resource Center  
Cesar Chavez FRC  
Child and Family Resources  
CHILD Project: Road to Resilience  
Children's Bureau - Magnolia Family Place  
Children's Home Society of California Oakland Family Resource Center  
Chula Vista Community Collaborative Family Resource Centers  
Clovis Unified School District FRC  
Community Partnership for Families of San Joaquin  
Cope Family Center  
Corazon Healdsburg  
Corbin FRC  
Corcoran Family Resource Center  
Cutler-Orosi Family Education Center  
Davis Street FRC  
Desert Hot Springs FRC  
Dixon Family Services  
East Bay Agency for Children- Achieve Community School  
East County First 5 Center  
Edenvale FRC  
Educare FRC  
El Dorado County Office of Education Child Development Programs  
El Modena Family Resource Center  
El Verano Family Resource Center  
Escuela FRC  
Evergreen FRC  
Fairfax School District Parent Education and Resource Center  
Family Action Centers of Colusa County  
Family Focus Resource & Empowerment Center  
Family Oasis Resource Center- Anaheim  
Family Resource Center of the Redwoods  
Family Resource Center of Truckee  
Family Resource Network  
Family Resource Prevention, Intervention, and Support Center  
First 5 Family Resource Center  
First 5 Ventura County - Neighborhood for Learning Initiative  
Fortuna Family Resource Center  
Fremont Family Resource Center  
Fremont Healthy Start



Friends of the Family  
Gardner FRC  
Gatepath's Family Resource Center  
Good Samaritan Family Resource Center  
Grail FRC  
Greenfield Family Resource Center  
H.E.A.R.T.S. Connection  
HACSB Family Resource Center  
Hawthorne Family Resource Center  
Hayward Unified Family Resource Center  
Healthy Start Military Family Resource Center  
High Sierras Family Resource Center  
HOPE Family Resource Center (FRC) Chino Valley Adult School  
Human Response Network  
ICAN  
Josephine Guerrero FRC  
Joy Lok Family Resource Center  
KidsFirst Counseling and Family Resource Centers  
La Familia Counseling Center  
La Manzana Community Resources-Community Bridges  
Lake Family Resource Center  
Lighthouse Counseling and Family Resource Center  
Lincoln New Highland/Rise FRC  
Lindsay Healthy Start Family Resource Center  
Little House Family Services  
Live Again Fresno  
Live Oak Community Resources, a program of Community Bridges  
Los Angeles Valley College Family Resource Center  
Lotus Bloom Family Resource Center (Downtown Site)  
Luther Burbank FRC  
Mandela  
Marshall Family Resource Center  
Mattole Valley Resource Center  
McClaney Family Resource Center  
McKinleyville Family Resource Center  
Meadowview, Valley Hi and North Sacramento FRCs  
Mercy St. FRC  
Monument First 5 Center  
Morgan Hill FRC  
Mountain Communities Family Resource Center  
Mountain Community Resources, a program of Community Bridges  
Network of Family Resource Centers of Santa Barbara County  
North Tahoe Family Resource Center  
Northwood FRC  
Nuestra Alianza de Willits  
Our Family Coalition  
Our Second Home/Daly City Partnership  
Pajaro & Las Lomas Saludable  
Parent Resource Center  
Pathways to Child & Family Excellence  
Plumas Crisis Intervention and Resource Center (PCIRC)  
Race St.  
Rayo de Esperanza Family Resource Center  
Regnart FRC  
Rita Chavez Medina  
Riverside County Family Resource Center  
Roots FRC  
Rosemary FRC  
Round Valley Family Resource Center  
Safe & Sound  
Safe Passage Family Resource Center  
San Antonio Family Resource Center



San Leandro Family Resource Center  
San Miguel FRC  
Santa Ynez Valley People Helping People  
Santee Collaborative  
SAY San Diego Crawford Community Connection  
Serra Real Connections  
Seven Trees FRC  
Sherman Oaks FRC  
Siskiyou Community Resource Collaborative  
Weed & Dunsmuir  
South Lake Tahoe Family Resource Center  
South of Market Family Resource Center  
Special Kids Connect  
St. Joseph Health Loleta Community Resource Center  
Stone Soup Fresno  
Sunnyhills FRC  
Support for Families of Children with Disabilities  
Sutter County Children & Families Commission  
TEACH, Inc. Tulelake/Newell FRC  
The Bridge Community Center  
The Folsom Cordova Community Partnership  
The Neighborhood Initiative  
Union City Family Center  
Upcountry Community Center  
UpValley Family Centers  
Urban Services YMCA  
Vacaville Family Resource Center  
Valuing Our Children  
Vargas FRC  
Via Esperanza/Community Action Partnership of Sonoma County  
West County First 5 Center  
West Sacramento Family Resource Center/Yolo County Children's Alliance  
Westminster frc  
Westside Kinship Support Services  
Westwood Family Resource Center  
Yuba County Office of Education Family Resource Center